

# How **YOU** Can Fight Today's **ANTISEMITISM**



# Don't Tolerate Hate.

TAKE  
ACTION

In the aftermath of Hamas' terrorist attack against Israel on October 7, rising antisemitism and anti-Zionism, in the US and around the world, is a growing cause for concern not only for the Jewish community, but for all who oppose hate and intolerance. In 2023, the Anti-Defamation League, recorded nearly 8,900 antisemitic incidents, a 140% increase from the previous year. The dramatic increase in incidents was driven primarily by October 7, with a nearly 400% increase in the first three months of war. In recent months, on college campuses across the country, anti-Israel activists have engaged in dangerous and at times violent protests and parroted terrorist talking points. This resurgence of bigotry affects people, especially women, every day in big and small ways and the trauma it is causing is real and lasting. We must stand up and speak out to protect our children, parents, siblings, friends and community at large.

## To Fight Antisemitism, We MUST Call It Out

In your everyday life, you may already encounter micro and macro instances of antisemitism. It's time to fight back against the normalization of antisemitism and make hate and intolerance unacceptable. When we encounter antisemitism – whether a big or small act – it's important we feel empowered to name it and confront it. When we do, we're not only fighting hate, but we are also strengthening our democracy.

*Here are resources  
and information you  
can use to stand up  
to antisemitism –  
whether online, at  
work, at school or  
in your community.*

# How to Report Antisemitism Online

Social media has created opportunities for antisemitism to thrive and spread at alarming rates. You can help stop it in its tracks. Learn how you can report antisemitic posts and comments when you see them.

For any social media platform, make sure you document harassment and antisemitism, and save any correspondence or updates on the issue after reporting it.

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**Facebook:** When you see antisemitism, use Facebook's [REPORT CONTENT](#) link to report a post.

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**X: FORMERLY TWITTER** Use the [REPORT](#) form and block or mute users promoting antisemitism.

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**Instagram:** Click the three dots in the top right of the post, comment, or user profile, select **Report** and follow the on-screen instructions.

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**Snapchat:** To report a Snapchat or story, press and hold on it and tap **Report Snap** to submit a report. To report a user, open the chat screen, press and hold the user's name, tap **Manage Friendship** and tap **Report**.

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**Reddit:** Report content on Reddit through the [REDDIT HELP CENTER](#) or by using the report button directly on a post or comment.

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**TikTok:** To report a TikTok video, press and hold on the video, select **Report** and follow the instructions provided. You can also use TikTok's [REPORT](#) form.

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# How to Report Antisemitism in Your Community or at Work

You may have been personally affected by antisemitic remarks or actions in your community or know someone who has. Not reporting antisemitism has become a major issue in the Jewish community and only allows more hate to thrive. According to the American Jewish Committee, 79% of Jewish people surveyed who had experienced antisemitic remarks in 2023 did not report it. Whether antisemitism rears its head in a school classroom, cafeteria, dorm room, college campus or at work, it's not enough to voice that we're uncomfortable with it, we have a responsibility to identify and report it when it happens.

Make sure when incidents arise, you document the incident thoroughly – take pictures, write down your experience and share with the proper authorities.

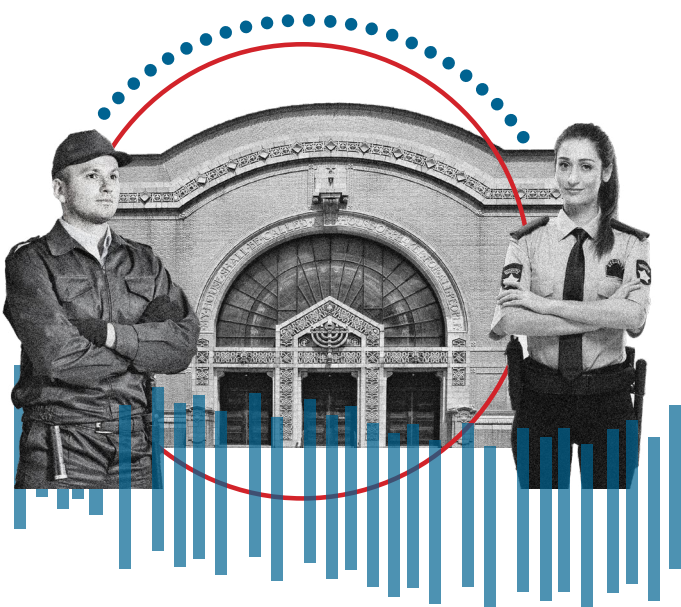
**Call the Police:** If you've experienced or witnessed an act of antisemitism, bigotry, or hate, please file a report with your local police. If you see or are personally faced with threats or violence or you or a loved one fear for your safety, **dial 911 immediately.**

If you or your community are experiencing serious threats or hate-crime related attacks, you can report them to the FBI by calling **1-800-CALL-FBI** or submit a tip at [TIPS.FBI.GOV](https://tips.fbi.gov). You can remain anonymous when reporting.



**Stand up to Antisemitism at School:** With the recent spike in antisemitism there are ongoing, dangerous and sometimes violent antisemitic and anti-Israel pro-tests on college campuses. At the same time, biased policies and antisemitic actions are targeting students in primary and secondary education settings as well. Jewish students, faculty and staff are facing amplified hate and discrimination. Many are afraid to go to class, work or even walk across campus. If you or your loved one experiences antisemitism in an education setting, report it to the Department of Education's Office of Civil Rights which has already opened over 130 investigations into complaints of antisemitic harassment. You can file a report using the Office of Civil Rights online [COMPLAINT FORM](#).

**Respond in the Workplace or Professional Setting:** If you experience antisemitism at your place of work, don't stay silent – speak out. Talk to your manager, human resources representative, diversity and inclusion specialist or workplace leaders about the incident. Bring documentation of the incident and discuss their plan to address the situation and encourage anti-hate training and resources. Search for a Jewish employee resource group or affinity group within professional associations for additional support.



**Protect Your Place of Worship:** News of antisemitism reaching our synagogues and places of worship can lead to fear of expressing your Jewish identity and worshipping openly and freely. If your place of worship has experienced antisemitic threats, graffiti or actions, document and report incidents to your local police and report them to the Anti-Defamation League. Speak with local police about how they can protect you and fellow worshippers, speak out at local town hall meetings about your concerns and urge fellow congregation members to do the same.



# Educate to Eradicate Hate

As the largest Jewish women's organization, Hadassah is working to help empower members and supporters to take pride in their identity and values and work together to build a more peaceful and tolerant world through education and advocacy. Hadassah will continue to call out antisemitism in all its forms, including anti-Zionism, to ensure, we never normalize or accept hatred.

**Define the Threat:** In order to combat antisemitism, we must first understand and define it. Hadassah uses the widely recognized IHRA definition of antisemitism and 11 contemporary examples:

**“Antisemitism is a certain perception of Jews, which may be expressed as hatred toward Jews. Rhetorical and physical manifestations of antisemitism are directed toward Jewish or non-Jewish individuals and/or their property, toward Jewish community institutions and religious facilities.”**

Hadassah continues to advocate for organizations and governments at all levels to adopt the International Holocaust Remembrance Alliance (IHRA) definition of antisemitism to ensure we have a common understanding of what we're fighting against. In 2024, Hadassah members advocated for the adoption of the IHRA definition in states like Georgia and South Dakota. At the national level, Hadassah worked to establish the National Strategy to Counter Antisemitism, which embraced the IHRA definition. At the same time, Hadassah supports passing the Antisemitism Awareness Act, which will require the Department of Education to use the IHRA definition when enforcing anti-discrimination laws.



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**Talk with Your Families:** Have conversations with your children about how to recognize antisemitism and what to do, whom to talk to and how to respond when they experience antisemitism at school or in any part of their lives.

To learn more, view our virtual program,  
[SAFEGUARDING JEWISH STUDENTS ON CAMPUS](#)

**Find Power in Community:** Join Hadassah to connect with women going through these same experiences and work with us to educate others on how to stand up to antisemitism in your community and advocate for change. We are nearly 300,000 strong, and we stand side by side to support our mission to help heal our world.

To learn more, view our [RESOURCES FOR FIGHTING ANTISEMITISM & COUNTERING ANTI-ZIONIST MISINFORMATION](#)

Speak out! Urge your policymakers to act on important issues:  
[HADASSAH.ORG/ACTIONCENTER](https://www.hadassah.org/actioncenter)



## Help Fight Antisemitism. Join Hadassah.

There are so many ways you can get involved — become a member, join a local chapter, attend local events, delve into our virtual programs, advocate with us by contacting your elected officials and more.

[\*\*HADASSAH.ORG/GET-INVOLVED/MEMBERSHIP\*\*](https://www.hadassah.org/get-involved/membership)